



CARING LUNGS

Peoples Caring Lungs Program uses therapy and nursing interventions to help **improve symptoms associated with your pulmonary diagnosis or chronic lung disease.**

BENEFITS FOR YOU

- Experience Less Difficulty with Breathing
- Increase Muscle Strength and Endurance
- Improve Safety and Compliance with Oxygen
- Enhance Quality of Life
- Reduce Number of Hospitalizations
- Decrease Depression
- Improve Ability to Cope with Daily Activities

Your licensed clinician will:

Perform a comprehensive pulmonary assessment

Assess medication effectiveness

Provide education regarding supplemental oxygen

Teach energy conservation techniques

Educate you on the fall risks associated with lung disease

Assess the need for physical therapy or occupational therapy intervention

Provide safe therapeutic exercise options

Evaluate the need for adaptive equipment

Provide assistance with lifestyle changes such as diet, smoking-cessation, and avoidance of irritants

Treatment education including -
Pharmacological therapy, O2 Therapy,
Breathing exercises

We work with you to measure the results of your rehabilitation, inspiring confidence in both our patients and their loved ones. When it comes to successful pulmonary rehabilitation, Peoples Home Health is here for you.



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